



# ***JOIN the BACK-OFF JSpA Research Study***

**Participating in the BACK-OFF JSpA Study may help answer the questions you have asked your provider**

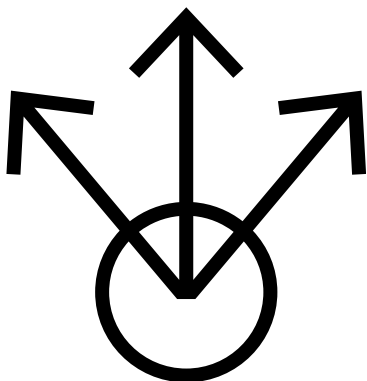
As a parent or patient doing well on medications, we have questions we want answers to:

- Can we stop medication?
- How long will remission last if we stop medication?
- Do we have to stay on medication?
- How long will we stay on medication?
- If we stop medication and experience a flare, how long will it take medication to work again?



## **Next Step: Random Placement into Study Groups**

The BACK-OFF JSpA Research Study was designed by doctors, researchers, parents and patients. You or your child has been identified as a potential candidate for this study. By participating in the study, you can help answer these questions.



Patients will be randomly assigned to one of THREE groups in this study:

- 1) Continue medication at current dose
- 2) Space out or lower medication dose
- 3) Stop medication completely



# BACK-OFF JSpA FAQ

## What is randomization?

In research, the process by which participants in clinical trials are assigned by chance to separate groups that are given different treatments or other interventions.



## *Fear of Randomization?*

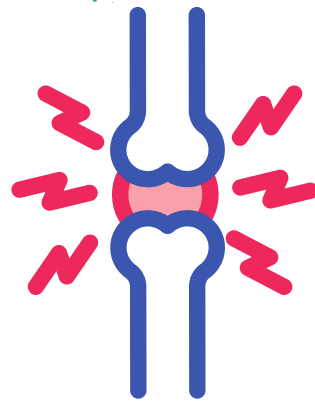
Each group is very important and assignments are only temporary for 12 months.

## *Fear of Flare?*

If you begin to flare, your doctor will treat you as needed, regardless of the study.

## What if the disease flares and we are not on medication?

If you are randomized to the group that stops medication and your disease flares, your doctor will start treatment (meaning you will likely restart some medication) and will continue to be followed in the study.



## How long is the study?

You will be put in one of the three groups with the intention to continue in that group for 12 months and then survey follow up for the next 24 months. This time commitment is similar to what you currently do but **the subject will get paid for their time.**

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## *Fear of Time commitment??*

You will follow your normal routine visits with your rheumatologist.

Ask your Rheumatologist or Research Coordinator if you can sign up to participate in the BACK-OFF JSpA Research Study today!



**SIGN UP**



For more information, visit our website at [www.backoffjspa.com](http://www.backoffjspa.com) or scan the QR code